



BACK & LEG (30min) LKR. 6,400

FOOT & LEG MASSAGE (30min) LKR. 6,400

HEAD & SHOULDER (30min) LKR. 6,400

BACK & SPINE (30min) LKR. 6,400

BODY THERAPY (45min) LKR. 8,600

HEAD, FACE & BODY (1hour) LKR. 9,650

HEAD, FACE & BODY (1hr 30min) LKR. 12,900

HEAD MASSAGE & STEAM (30min) LKR. 7,500



MANDARA RESORT

Mirissa, Weligama,
Sri Lanka.

Tel : +94 41 225 3993/4

Email: fom@mandararesort.com

MANDARA ROSEN

57, Detagamuwa, Kataragama,
Sri Lanka.

Tel : +94 47 223 6030-3

Email : fom@mandararosen.com

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MANDARA RESORT MIRISSA

TEL : +94 41 2253993-4

MANDARA ROSEN KATARAGAMA

TEL : +94 47 2236030-3

HEAD MASSAGE (Shiro Abhvanga)

LKR. 5,900 (30min)

Oil is applied to the head and absorbed into the scalp through the roots of the hair. This nourishes lubricates and strengthen the roots and the skin of the scalp preventing hair loss and premature graying. It also

improves circulation to the head relaxing the muscles and nerve fibers.



FACIAL MASSAGE (Muka Abhyanga)

LKR. 5,900 (30min)

Sequence of massage draws on the ancient Wisdom of Ayurvedic system and works locally and reflexively to improve skin and uplift the face and reflexively relax and deeply nourish the body.



NECK & SHOULDER MASSAGE (Giriva/Skandha)

LKR. 5,900 (30min)

Special herbal oil applied to the neck and the shoulder to release muscular spasm, rheumatic pain and stress related conditions as the neck and shoulder area is so often stiff and tense.



FOOT MASSAGE (Pada Abhyama)

LKR. 5,900 (30min)

During the massage, special attention is focused on the "tender spots" which produces a reflect effect on the internal organs as well as creating a combine soothing and invigorating effect.



STEAM BATH (Head/Face/Foot)

LKR. 17,850 (30min)

Reduces toxic substance uric acid and cholesterol in the body.

